

Reflections on Self

Completing my action research has had a great impact on how I think of myself as a professional in many ways. For instance, I have challenged myself throughout the entire process more than I have for any other project in my career. It has taken much effort and dedication for me to have get this far. I am more than grateful for this experience and all that has come with it. I have learned how to find new problems to solutions and how to use new methods and strategies that I did not know existed. Through the help of my professors I have gain insight on how to appropriately conduct a research project and understand the steps required for a successful evaluations and interventions.

There has been a great amount of knowledge that I have gained through my action research within myself, my learning, and own teaching. I have changed my ways in terms of learning how to appropriately manage my time, managing priorities in my life while balancing my work and family. This process was hard, I will admit balancing my action research and homelife was difficult especially this past year, but I accomplished it. For whatever the future holds, I now know how much drive and dedication I need to complete whatever goals I set for myself.

Completing my action research has completely helped me develop who I am emotionally and intellectually. There is a great sense of independence that I have developed through this whole process. I have learned to be so much more understanding of those around me as well and really understand that we are all learning and growing no matter the age, we are. I hope that all the growing, learning, and knowledge I have gained through my action research becomes the foundation to more success in my future.